



Prematurity/NICU Resource Page

If you have any resources you would like to add, please contact me through the [OnInAMulligan.com Contact Form](#) or via email at kristina.mulligan.blogs@gmail.com.

1. [Graham's Foundation](#)

The Graham's Foundation vision is a world where no parent goes through the experience of prematurity alone. Their mission is to support, comfort, inform, and guide families who experience a premature birth. They collaborate with the healthcare community and parents of preemies to improve the well-being of preterm babies and families. Graham's Foundation's support programs are designed to meet the unique needs of families after preterm birth.

2. [Jackson Chance Foundation](#)

At Jackson Chance Foundation, they give families access to the best hospitals, neonatal specialists, surgical abilities and nursing staff that they otherwise may have to turn down because of the high cost of parking. Parking fees at NICUs can cost more than \$1,000 a month – forcing many parents to make unthinkable choices, like whether to see their baby, or pay their monthly rent or mortgage. In fact, just one day of visitor parking, at a top level III or IV NICU can cost upwards of \$75.

3. [Hand to Hold](#)

Hand to Hold helps families before, during, and after a NICU stay and infant loss by providing powerful resources for the whole family, and most importantly, one-on-one mentoring from someone who has been there. Their resources include in-hospital programs, articles and blogs, podcasts, social networks and trained peer mentors.

4. [Project Sweet Peas](#)

Project Sweet Peas seeks to promote family-centered care competencies in hospitals nationwide. Care packages, hospital events, peer-to-peer support, financial aid, educational materials, and other Project Sweet Peas services, support the cultural, spiritual, emotional, and financial needs of families as they endure life in the NICU.

5. [The Potato Head Project](#)

Spreading hope to families of preemie babies, one potato at a time.

6. [March of Dimes](#)

March of Dimes leads the fight for the health of all moms and babies. They believe that every baby deserves the best possible start. Unfortunately, not all babies get one. March of Dimes is on a mission to change that. For 80 years, March of Dimes has helped millions of babies survive and thrive. Now they are building on that legacy to level the playing field for all moms and babies, no matter their age, socio-economic background or demographics. They support moms throughout their pregnancy, even when everything doesn't go according to plan."